



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Rohland, Ulrike

Club: ifl Helmbrechts
Number: 190

Course: 21.10 km
Halbmarathon

Category:
Frauen W50

Total time: 2:06:31

Speed: 9.96 km/h
Running performance: 6:00 min/km

Rank in course/Total: 239 (of 293)

Rank in course/Women: 35 (of 48)

Best time in course: 1:33:26

Rank in category: 5(of 6)

Best time in the category: 1:55:11