



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Gasska, Bernhard

Club: Hof

Number: 296

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 2:06:59

Speed: 9.92 km/h

Running performance: 6:01 min/km

Rank in course/Total: 241 (of 293)

Rank in course/Men: 206 (of 245)

Best time in course: 1:14:26

Rank in category: 52(of 60)

Best time in the category: 1:21:34