



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Köppel, Alexander

Club: SG Regnitzlosau
Number: 115

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:32:37

Speed: 13.60 km/h
Running performance: 4:23 min/km

Rank in course/Total: 25 (of 293)

Rank in course/Men: 25 (of 245)

Best time in course: 1:14:26

Rank in category: 5(of 32)

Best time in the category: 1:19:22