



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Ernst, Hans Joachim

Club: Faltbootclub Hof
Number: 42

Course: 21.10 km
Halbmarathon

Category:
Männer M60

Total time: 2:11:02

Speed: 9.62 km/h
Running performance: 6:13 min/km

Rank in course/Total: 255 (of 293)

Rank in course/Men: 216 (of 245)

Best time in course: 1:14:26

Rank in category: 3(of 4)

Best time in the category: 2:00:29