



2. park&see-Lauf Hof  
Hof / 26.09.2009

## Detailed evaluation

Schafrina, Christof

Club: Selbitz  
Number: 195

Course: 21.10 km  
Halbmarathon

Category:  
Männer M40

Total time: 2:12:26

Speed: 9.51 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 261 (of 293)

Rank in course/Men: 220 (of 245)

Best time in course: 1:14:26

Rank in category: 56(of 60)

Best time in the category: 1:21:34