



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Puchta, Rainer

Club: Hof

Number: 170

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 2:12:59

Speed: 9.47 km/h

Running performance: 6:18 min/km

Rank in course/Total: 262 (of 293)

Rank in course/Men: 221 (of 245)

Best time in course: 1:14:26

Rank in category: 57(of 60)

Best time in the category: 1:21:34