



2. park&see-Lauf Hof  
Hof / 26.09.2009

## Detailed evaluation

**Behrendt, Ralf**

Club: Döhlau  
Number: 284

Course: 21.10 km  
Halbmarathon

Category:  
Männer M60

Total time: 2:14:00

Speed: 9.40 km/h  
Running performance: 6:21 min/km

Rank in course/Total: 264 (of 293)

Rank in course/Men: 223 (of 245)

Best time in course: 1:14:26

Rank in category: 4(of 4)

Best time in the category: 2:00:29