



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Dr. Friedrich, Hans-Peter

Club: Hof

Number: 37

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 2:14:48

Speed: 9.39 km/h

Running performance: 6:23 min/km

Rank in course/Total: 266 (of 293)

Rank in course/Men: 224 (of 245)

Best time in course: 1:14:26

Rank in category: 16(of 20)

Best time in the category: 1:36:52