



2. park&see-Lauf Hof  
Hof / 26.09.2009

## Detailed evaluation

**Damm, Christian**

Club: Hof

Number: 33

Course: 21.10 km

Halbmarathon

Category:

Männer M55

Total time: 1:33:01

Speed: 13.55 km/h

Running performance: 4:25 min/km

Rank in course/Total: 28 (of 293)

Rank in course/Men: 28 (of 245)

Best time in course: 1:14:26

Rank in category: 1(of 19)

Best time in the category: 1:33:01