



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Jenkis, Gerhard

Club: IfL Hof
Number: 98

Course: 21.10 km
Halbmarathon

Category:
Männer M50

Total time: 2:28:07

Speed: 8.51 km/h
Running performance: 7:01 min/km

Rank in course/Total: 290 (of 293)

Rank in course/Men: 242 (of 245)

Best time in course: 1:14:26

Rank in category: 19(of 20)

Best time in the category: 1:36:52