



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Marquardt, Alexander

Club: TSV Dürrenwaid
Number: 142

Course: 21.10 km
Halbmarathon

Category:
Männer M30

Total time: 1:36:02

Speed: 13.18 km/h
Running performance: 4:33 min/km

Rank in course/Total: 42 (of 293)

Rank in course/Men: 40 (of 245)

Best time in course: 1:14:26

Rank in category: 7(of 23)

Best time in the category: 1:14:26