



2. park&see-Lauf Hof  
Hof / 26.09.2009

## Detailed evaluation

Österle, Stefan

Club: FHV Runners Hof  
Number: 161

Course: 21.10 km  
Halbmarathon

Category:  
Männer M45

Total time: 1:36:28

Speed: 13.12 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 43 (of 293)

Rank in course/Men: 41 (of 245)

Best time in course: 1:14:26

Rank in category: 5(of 49)

Best time in the category: 1:26:04