



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Berndthart, Klaus

Club: Polizei Hof
Number: 312

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:37:10

Speed: 12.97 km/h
Running performance: 4:37 min/km

Rank in course/Total: 45 (of 293)

Rank in course/Men: 43 (of 245)

Best time in course: 1:14:26

Rank in category: 6(of 49)

Best time in the category: 1:26:04