



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Nüssel, Hans

Club: IfL Hof
Number: 157

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:37:24

Speed: 13.00 km/h
Running performance: 4:37 min/km

Rank in course/Total: 46 (of 293)

Rank in course/Men: 44 (of 245)

Best time in course: 1:14:26

Rank in category: 10(of 60)

Best time in the category: 1:21:34