



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Heinrich, Jürgen

Club: Thierstein

Number: 82

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:38:44

Speed: 12.76 km/h

Running performance: 4:41 min/km

Rank in course/Total: 53 (of 293)

Rank in course/Men: 51 (of 245)

Best time in course: 1:14:26

Rank in category: 12(of 60)

Best time in the category: 1:21:34