



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Jobst, Holger

Club: Positiv Fitness
Number: 317

Course: 21.10 km
Halbmarathon

Category:
Männer M30

Total time: 1:39:15

Speed: 12.70 km/h
Running performance: 4:42 min/km

Rank in course/Total: 56 (of 293)

Rank in course/Men: 54 (of 245)

Best time in course: 1:14:26

Rank in category: 9(of 23)

Best time in the category: 1:14:26