



2. park&see-Lauf Hof

Hof / 26.09.2009

Detailed evaluation

André, Fourie

Club: running monstrosity LT (Winterberg)

Number: 5

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:40:15

Speed: 12.57 km/h

Running performance: 4:45 min/km

Rank in course/Total: 61 (of 293)

Rank in course/Men: 59 (of 245)

Best time in course: 1:14:26

Rank in category: 11(of 32)

Best time in the category: 1:19:22