



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Buchta, Ralf

Club: Lauffreunde - TV Stammbach
Number: 281

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:40:29

Speed: 12.54 km/h
Running performance: 4:46 min/km

Rank in course/Total: 64 (of 293)

Rank in course/Men: 62 (of 245)

Best time in course: 1:14:26

Rank in category: 10(of 49)

Best time in the category: 1:26:04