



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Wolf, Joachim

Club: FC Stammbach
Number: 241

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:41:39

Speed: 12.40 km/h
Running performance: 4:49 min/km

Rank in course/Total: 74 (of 293)

Rank in course/Men: 72 (of 245)

Best time in course: 1:14:26

Rank in category: 12(of 49)

Best time in the category: 1:26:04