



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Pusch, Gerhard

Club: Gealan Tri Team IfL Hof
Number: 171

Course: 21.10 km
Halbmarathon

Category:
Männer M55

Total time: 1:42:44

Speed: 12.32 km/h
Running performance: 4:52 min/km

Rank in course/Total: 79 (of 293)

Rank in course/Men: 77 (of 245)

Best time in course: 1:14:26

Rank in category: 5(of 19)

Best time in the category: 1:33:01