



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Gruber, Thomas

Club: Hof

Number: 69

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:43:23

Speed: 12.19 km/h

Running performance: 4:54 min/km

Rank in course/Total: 82 (of 293)

Rank in course/Men: 80 (of 245)

Best time in course: 1:14:26

Rank in category: 14(of 49)

Best time in the category: 1:26:04