



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Schwittai, Uwe

Club: ILG Konradsreuth
Number: 291

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:44:24

Speed: 12.07 km/h
Running performance: 4:57 min/km

Rank in course/Total: 91 (of 293)

Rank in course/Men: 87 (of 245)

Best time in course: 1:14:26

Rank in category: 17(of 49)

Best time in the category: 1:26:04