



7. Sparkassen Walk Telgte

Telgte / 26.09.2009

Detailed evaluation

Heckmann, Dagmar

Club: LSF-Unna-2000

Number: 763

Course: 22.00 km

Nordic Walking

Total time: 2:49:22

Speed: 7.79 km/h

metres in height up: 17

Course score: 22.26

performance score: 173 Points