



7. Sparkassen Walk Telgte

Telgte / 26.09.2009

Detailed evaluation

Kochskämper, Siegfried

Club: Beckum

Number: 779

Course: 22.00 km

Nordic Walking

Total time: 2:52:50

Speed: 7.64 km/h

metres in height up: 17

Course score: 22.26

performance score: 170 Points