



## 7. Sparkassen Walk Telgte

Telgte / 26.09.2009

### Detailed evaluation

**Czwikla, Karin**

Club: TBS-Herne

Number: 783

Course: 22.00 km

Nordic Walking

Total time: 2:58:31

Speed: 7.39 km/h

metres in height up: 17

Course score: 22.26

performance score: 164 Points