



7. Sparkassen Walk Telgte

Telgte / 26.09.2009

Detailed evaluation

Dreßen, Joachim

Club: Escargots Bochum

Number: 811

Course: 22.00 km

Nordic Walking

Total time: 3:04:08

Speed: 7.17 km/h

metres in height up: 17

Course score: 22.26

performance score: 160 Points