



7. Sparkassen Walk Telgte

Telgte / 26.09.2009

Detailed evaluation

Hartgen, Ruth

Club: Marathon Steinfurt

Number: 794

Course: 22.00 km

Nordic Walking

Total time: 3:07:57

Speed: 7.02 km/h

metres in height up: 17

Course score: 22.26

performance score: 156 Points