



## 7. Sparkassen Walk Telgte

Telgte / 26.09.2009

### Detailed evaluation

Tielkes, Barbara

Club: TV Vreden

Number: 823

Course: 22.00 km

Nordic Walking

Total time: 3:08:03

Speed: 7.02 km/h

metres in height up: 17

Course score: 22.26

performance score: 156 Points