



## 7. Sparkassen Walk Telgte

Telgte / 26.09.2009

### Detailed evaluation

**Wormuth, Ingrid**

Club: Sendener Walking-Mäuse

Number: 759

Course: 22.00 km

Nordic Walking

Total time: 3:11:51

Speed: 6.88 km/h

metres in height up: 17

Course score: 22.26

performance score: 153 Points