



30. Wartburglauf Eisenach  
Eisenach / 27.09.2009

Detailed evaluation

Sippel, Carsten

Club: Rennsteig-Oldies II  
Number: 226

Course: 12.50 km  
Hauptlauf

Category:  
Männer M40

Total time: 55:19

Speed: 13.02 km/h  
Running performance: 4:26 min/km

Rank in course/Total: 68 (of 297)

Rank in course/Men: 64 (of 234)

Best time in course: 42:14

Rank in category: 14(of 39)

Best time in the category: 48:52