



## 30. Wartburglauf Eisenach

Eisenach / 27.09.2009

### Detailed evaluation

**Bing, Holger**

Club: Rhöner WSV

Number: 295

Course: 12.50 km

Hauptlauf

Category:

Männer M50

Total time: 56:11

Speed: 12.82 km/h

Running performance: 4:29 min/km

Rank in course/Total: 79 (of 297)

Rank in course/Men: 75 (of 234)

Best time in course: 42:14

Rank in category: 8(of 20)

Best time in the category: 49:54