30. Wartburglauf Eisenach
Eisenach / 27.09.2009

Detailed evaluation

Montag, Nico

Club: SV Normania Treffurt
Number: 305

Course: 12.50 km
Hauptlauf

Category:
Männer M30

Total time: 56:35

Speed: 13.25 km/h
Running performance: 4:32 min/km

Rank in course/Total: 85 (of 297)

Rank in course/Men: 81 (of 234)

Best time in course: 42:14

Rank in category: 8(of 20)

Best time in the category: 47:33