



30. Wartburglauf Eisenach

Eisenach / 27.09.2009

Detailed evaluation

Herrmann, Maik

Club: Laufftreff Arnstadt

Number: 248

Course: 12.50 km

Hauptlauf

Category:

Männer M30

Total time: 57:35

Speed: 12.50 km/h

Running performance: 4:37 min/km

Rank in course/Total: 96 (of 297)

Rank in course/Men: 91 (of 234)

Best time in course: 42:14

Rank in category: 9(of 20)

Best time in the category: 47:33