



## 30. Wartburglauf Eisenach

Eisenach / 27.09.2009

### Detailed evaluation

#### Kühnpast, Frank

Club: Saalfelder LV

Number: 138

Course: 12.50 km

Hauptlauf

Category:

Männer M40

Total time: 57:39

Speed: 12.49 km/h

Running performance: 4:37 min/km

Rank in course/Total: 98 (of 297)

Rank in course/Men: 93 (of 234)

Best time in course: 42:14

Rank in category: 20(of 39)

Best time in the category: 48:52