



30. Wartburglauf Eisenach  
Eisenach / 27.09.2009

Detailed evaluation

Trostmann, Thomas

Club: Tabarz  
Number: 326

Course: 12.50 km  
Hauptlauf

Category:  
Männer M45

Total time: 58:11

Speed: 12.37 km/h  
Running performance: 4:39 min/km

Rank in course/Total: 105 (of 297)

Rank in course/Men: 97 (of 234)

Best time in course: 42:14

Rank in category: 18(of 42)

Best time in the category: 48:26