



## 30. Wartburglauf Eisenach

Eisenach / 27.09.2009

### Detailed evaluation

Jesche, Silvo

Club: sc impuls erfurt e.V.

Number: 119

Course: 12.50 km

Hauptlauf

Category:

Männer M45

Total time: 58:57

Speed: 12.72 km/h

Running performance: 4:43 min/km

Rank in course/Total: 109 (of 297)

Rank in course/Men: 101 (of 234)

Best time in course: 42:14

Rank in category: 19(of 42)

Best time in the category: 48:26