



30. Wartburglauf Eisenach

Eisenach / 27.09.2009

Detailed evaluation

Niehage, Martin

Club: Diakonie-Verbund Eisenach

Number: 1156

Course: 3.18 km

Spezial Cross

Category:

Spezial Cross männlich

Total time: 22:23

Speed: 8.04 km/h

Running performance: 7:02 min/km

Rank in course/Total: 16 (of 30)

Rank in course/Men: 15 (of 22)

Best time in course: 13:58

Rank in category: 15(of 22)

Best time in the category: 13:58