



30. Wartburglauf Eisenach
Eisenach / 27.09.2009

Detailed evaluation

Bendel, Siegfried

Club: SG Chemie Zeitz
Number: 289

Course: 12.50 km
Hauptlauf

Category:
Männer M70

Total time: 1:00:14

Speed: 11.95 km/h
Running performance: 4:49 min/km

Rank in course/Total: 126 (of 297)

Rank in course/Men: 115 (of 234)

Best time in course: 42:14

Rank in category: 2(of 6)

Best time in the category: 54:59