



30. Wartburglauf Eisenach

Eisenach / 27.09.2009

Detailed evaluation

Radelhof, Alfred

Club: Rennsteiglaufverein

Number: 30

Course: 12.50 km

Hauptlauf

Category:

Männer M55

Total time: 1:01:15

Speed: 12.24 km/h

Running performance: 4:54 min/km

Rank in course/Total: 143 (of 297)

Rank in course/Men: 132 (of 234)

Best time in course: 42:14

Rank in category: 8(of 17)

Best time in the category: 48:24