



30. Wartburglauf Eisenach

Eisenach / 27.09.2009

Detailed evaluation

Matthes, Jan

Club: Laufftreff Breitungen

Number: 75

Course: 12.50 km

Hauptlauf

Category:

Männer M45

Total time: 1:02:13

Speed: 11.57 km/h

Running performance: 4:59 min/km

Rank in course/Total: 155 (of 297)

Rank in course/Men: 141 (of 234)

Best time in course: 42:14

Rank in category: 27(of 42)

Best time in the category: 48:26