



30. Wartburglauf Eisenach
Eisenach / 27.09.2009

Detailed evaluation

Adam, Wolfgang

Club: SC Impuls Erfurt
Number: 280

Course: 12.50 km
Hauptlauf

Category:
Männer M40

Total time: 1:02:58

Speed: 11.43 km/h
Running performance: 5:02 min/km

Rank in course/Total: 164 (of 297)

Rank in course/Men: 149 (of 234)

Best time in course: 42:14

Rank in category: 29(of 39)

Best time in the category: 48:52