



30. Wartburglauf Eisenach  
Eisenach / 27.09.2009

Detailed evaluation

Lüttkopf, Uwe

Club: Team Deura-Haus  
Number: 253

Course: 12.50 km  
Hauptlauf

Category:  
Männer M40

Total time: 1:04:24

Speed: 11.18 km/h  
Running performance: 5:09 min/km

Rank in course/Total: 186 (of 297)

Rank in course/Men: 168 (of 234)

Best time in course: 42:14

Rank in category: 32(of 39)

Best time in the category: 48:52