



30. Wartburglauf Eisenach  
Eisenach / 27.09.2009

Detailed evaluation

Jonke, Lutz

Club: AC Apolda  
Number: 167

Course: 12.50 km  
Hauptlauf

Category:  
Männer M35

Total time: 1:06:05

Speed: 10.90 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 202 (of 297)

Rank in course/Men: 180 (of 234)

Best time in course: 42:14

Rank in category: 24(of 25)

Best time in the category: 48:20