



30. Wartburglauf Eisenach
Eisenach / 27.09.2009

Detailed evaluation

Werner, Ralf

Club: Stedtfelder Rennsteigfreunde 1980
Number: 67

Course: 12.50 km
Hauptlauf

Category:
Männer M40

Total time: 1:06:31

Speed: 10.82 km/h
Running performance: 5:19 min/km

Rank in course/Total: 211 (of 297)

Rank in course/Men: 186 (of 234)

Best time in course: 42:14

Rank in category: 35(of 39)

Best time in the category: 48:52