



## 30. Wartburglauf Eisenach

Eisenach / 27.09.2009

### Detailed evaluation

Zachel, Frank

Club: Wolfsburg-Unkeroda

Number: 342

Course: 12.50 km

Hauptlauf

Category:

Männer M40

Total time: 1:07:02

Speed: 10.74 km/h

Running performance: 5:22 min/km

Rank in course/Total: 217 (of 297)

Rank in course/Men: 190 (of 234)

Best time in course: 42:14

Rank in category: 36(of 39)

Best time in the category: 48:52