



30. Wartburglauf Eisenach  
Eisenach / 27.09.2009

Detailed evaluation

Lauterbach, Ulrich

Club: Erfurt  
Number: 139

Course: 12.50 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:09:38

Speed: 10.34 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 228 (of 297)

Rank in course/Men: 199 (of 234)

Best time in course: 42:14

Rank in category: 38(of 42)

Best time in the category: 48:26