



30. Wartburglauf Eisenach

Eisenach / 27.09.2009

Detailed evaluation

Rödel, Jörg

Club: SV Mihla

Number: 55

Course: 12.50 km

Hauptlauf

Category:

Männer M65

Total time: 1:12:59

Speed: 9.87 km/h

Running performance: 5:50 min/km

Rank in course/Total: 254 (of 297)

Rank in course/Men: 212 (of 234)

Best time in course: 42:14

Rank in category: 9(of 12)

Best time in the category: 1:01:44