



## 30. Wartburglauf Eisenach

Eisenach / 27.09.2009

### Detailed evaluation

**Helle, Katrin**

Club: Lauffreunde Gotha

Number: 136

Course: 12.50 km

Hauptlauf

Category:

Frauen W45

Total time: 1:19:03

Speed: 9.11 km/h

Running performance: 6:19 min/km

Rank in course/Total: 276 (of 297)

Rank in course/Women: 54 (of 63)

Best time in course: 51:30

Rank in category: 12(of 13)

Best time in the category: 54:09