



30. Wartburglauf Eisenach

Eisenach / 27.09.2009

Detailed evaluation

Adler, Karlheinz

Club: Eisenach

Number: 2

Course: 12.50 km

Hauptlauf

Category:

Männer M55

Total time: 1:19:38

Speed: 9.04 km/h

Running performance: 6:22 min/km

Rank in course/Total: 278 (of 297)

Rank in course/Men: 223 (of 234)

Best time in course: 42:14

Rank in category: 17(of 17)

Best time in the category: 48:24