



30. Wartburglauf Eisenach

Eisenach / 27.09.2009

Detailed evaluation

Stephan, Michael

Club: FSV 1986 Bad Langensalza

Number: 111

Course: 12.50 km

Hauptlauf

Category:

Männer M45

Total time: 1:43:11

Speed: 6.98 km/h

Running performance: 8:15 min/km

Rank in course/Total: 295 (of 297)

Rank in course/Men: 233 (of 234)

Best time in course: 42:14

Rank in category: 42(of 42)

Best time in the category: 48:26